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MMMM ... CAULIFLOWER?

A.K.A. THE NEW KALE, ACCORDING TO FOOD-TREND WATCHERS, WHO ARE PREDICTING CAULIFLOWER WILL BE VEGGIE OF THE YEAR [PAGE 17](#)

Will these flicks reel you in?

2014 offers a bounty of films, from the now-standard superhero fare to the return of Veronica Mars

[PAGES 14 & 15](#)

Passengers saved from frozen ship

The vessel had been trapped in the Antarctic since Dec. 24 [PAGE 8](#)

NO BOY BANDS

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88.5 fm



JUNIORS KNOCK OFF SWISS

Team Canada goaltender Zachary Fucale celebrates with forward Charles Hudon after defeating Switzerland 4-1 in quarter-final action at the IIHF World Junior Hockey Championship in Malmo, Sweden, on Thursday. Story, page 18. FRANK GUNN/THE CANADIAN PRESS

Crowded shelter struggling as cold takes hold

Weather. Frostbite warning extended to Friday, with low of -36 C predicted



LUCY SCHOLEY

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Peter Tilley had one message for everyone waking up in his packed Ottawa homeless shelter Thursday morning: Stay inside.

It sounds like simple advice for anyone aware of the frostbite warning issued by Ottawa Public Health (OPH) on Wednesday and extended to Friday. Environment Canada is calling for a low of -36 C on Friday with a wind-chill warning.

But Tilley, the executive

director of the Ottawa Mission, said the men's shelter is full and working to bring in people who may be stuck outside.

"It's really tough," he said. "It's tight here."

The mission has 235 beds, but during a cold snap extra mats are laid out to accommodate up to 250 people.

"If you have money, you can go to a restaurant or a Second Cup and sit down and warm up and stuff like that," said a man who lives at the shelter and prefers to only be called Colin. "If not, you're stuck in the lounge with what, 40 to 50 other people? ... It's not the biggest place for 40 or 50 people, but it's warm."

The Salvation Army monitors the streets every day to make sure everyone either has a place to go or warm

clothing.

"The few and far between are the individuals who choose to stay outdoors," said Darren Graham, coordinator of outreach services, noting that those people are usually suffering from severe mental-health issues or addictions.

Eric Leclair, head of health information co-ordination for OPH, said it's unusual for the city to issue a frostbite warning at this time of year. He warned people to bundle up.

"It only takes a few minutes for exposed skin to get into a frostbite scenario," he said.

The cold snap is expected to end by Saturday.

For more news visit metronews.ca



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Travel Industry Council of Ontario

New Year's Eve

Two men arrested after stabbing

Two men were arrested following a stabbing incident on Caldwell Avenue on New Year's Eve.

Ottawa Police responded to the call at about 8:30 p.m. and arrested Barry Dundas, 67, and Dominique Hupe, 34.

A male victim suffered serious injuries. Dundas was charged with aggravated assault and possessing a dangerous weapon. Hupe was charged with assault.

Ottawa Police are asking anyone with more information to contact 613-236-1222, ext. 2666 or call Crime Stoppers at 613-233-8477, or toll free at 1-800-222-8477.

LUCY SCHOLEY/METRO

Pedestrian hit

Snowmobiler charged with impaired driving

The OPP have charged a 23-year-old man with impaired driving after the snowmobile he was driving allegedly collided with a pedestrian in Mississippi Mills on Dec. 27.

A 28-year-old man was taken to the Almonte hospital with serious injuries.

Ryan Miller was charged with one count each of dangerous operation of a motor vehicle causing bodily harm, failure to stop at the scene of an accident, impaired driving, and operating a motor vehicle over the legal blood-alcohol limit. JOE LOFARO/METRO

Holdup

Ottawa police hunt bank-note bandits

Ottawa police want help tracking down two larcenous scoundrels who held up a bank in December by putting pen to paper.

Police say two men walked into a bank on Strandherd Drive Dec. 13. Each suspect approached a different teller and produced notes demanding money and indicating they were armed. Police describe one suspect as Caucasian, 18-20 years old, about six feet tall and slender. Police describe the second suspect as also 18-20, but with a darker complexion, approximately five feet, two inches tall with a stocky build.

METRO



Ottawa councillor for Beacon Hill-Cyrville Tim Tierney signs his 2014 election nomination papers at city hall Thursday morning. TREVOR GREENWAY/METRO

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NEWS

Tierney targets ice time, traffic

Campaign trail.

Beacon Hill-Cyrville councillor among the first politicians to file papers in opening of registration for 2014 municipal election

Tim Tierney knows how hard it is to find ice time in the city.

The hockey dad and councillor for Beacon Hill-Cyrville, Tierney hopes the new Richcraft Sensplex, which will boast four new Ottawa ice

rinks, will help ease the city's ice time crunch.

"It is a big problem when you live near an arena, but yet you are having to drive 20 minutes to another arena in a completely different part of the city because it's overbooked or they can't get more ice for our local teams," Tierney told Metro Thursday, just minutes after filing his 2014 election nomination papers. Tierney is seeking his second term as councillor.

"Always, we are going to have to look at what is underground, the stuff that is not as sexy — the sewage and the water — we really have to stay on top of that," said Tierney.

The Ward 11 councillor said he made 11 elections promises four years ago and made good on all of them — one being

the city freely without the headaches of long traffic delays and detours. Projects like Ottawa's \$2.1 billion light rail project will take up much of the city's focus, but Tierney says an eye has to stay below the surface — on the things that make the city run.

freezing recreational fees for youth.

"It keeps youth engaged, keeps them in the arenas and that's what we want to do, keep them having fun."

Thursday marked the opening of election registration in the city and Tierney didn't waste anytime in filing his papers. Flanked by a CTV camera crew and a Metro reporter, Tierney posed for photographs while he paid his \$100. Now all he needs is votes for the Oct. 27 election.

The deadline to register for the election is Sept. 12.

TREVOR GREENWAY/METRO

No 'knee-jerk' reaction: Somerset candidate wants smart development

If there is one thing Thomas McVeigh could change in Somerset Ward, it would be ending what he calls the "knee-jerk" reaction towards development.

If elected in the upcoming municipal elections for Ward 14, the restaurant manager, husband and father vows to open up dialogue between resi-

dents and developers to push for smarter growth in the community.

"Having high intensity isn't a bad thing per se, it's working with the developers in terms of asking what we want from them," McVeigh said minutes after filing his nomination papers at city hall Thursday.

As restaurant manager for Absinthe and president of the Centretown Citizens Community Association, McVeigh also says he wants to work with small business owners in the area to boost the economy.

Ottawa's municipal elections take place Oct. 27.

TREVOR GREENWAY/METRO



Ward 14 candidate Thomas McVeigh
METRO

Cornwall. Man gets his murder conviction quashed; new trial ordered

A Cornwall man convicted of killing his friend after the victim made sexual advances following a drunken night in 2005 is getting a new trial after the Ontario Court of Appeal quashed his second-degree murder conviction in a 2-1 split decision Dec. 31.

Justice David H. Doherty and Justice Peter Lauwers quashed Sébastien Bouchard's 2009 murder conviction in the killing of Robert Nicholson and ordered a new trial after finding there were problems with the instructions the judge gave the jury about Bouchard's proffered defence of provocation and deciding whether Bouchard had the intent or "mens rea," required for a finding of guilt.

The attack on Nicholson occurred in early December 2005 when the pair was on their way home from a

Depeche Mode concert in Montreal.

A jury heard that Nicholson placed a hand on Bouchard's thigh and crotch before kissing him and telling him that he loved him.

The advances caused Bouchard to "lose it" and he threw his friend on the ground and began stomping on him, eventually killing him. Bouchard argued he was provoked and that the advances triggered childhood memories of being sexually abused by a babysitter.

The jury rejected his defense and Bouchard was sentenced to life in prison with no chance of parole for 15 years.

In a dissenting ruling Justice Paul Rouleau found there was no error made and the jury was not misdirected in the trial.

TREVOR GREENWAY/METRO



Osgoode Hall, home to the Ontario Court of Appeal, is seen in this file photo.
BERNARD WEIL/TORSTAR NEWS SERVICE

Allegations. Ottawa cop accused of remote control assault to appear in court

An Ottawa police officer will make his first court appearance Friday to face allegations of using a remote control in an assault on a woman and harassing two other people in incidents between May and December 2013.

Const. Scott Fenton, 43, was charged on Dec. 14 with one count of assault with a weapon and two counts of harassment.

Ottawa police have remained tight-lipped about the charges, only stating that an officer is under investigation in relation to a domestic mat-

ter.

The documents allege Fenton engaged in "repeatedly communicating" with two people between Dec. 11 and 12 causing the complainant to fear for her personal safety. Fenton is also accused of "besetting or watching" the complainant at work on Dec. 12.

The remote control incident dates back to late May, according to court information.

Ottawa police are refusing to discuss the Fenton matter, saying the case is before the courts.

JOE LOFARO/METRO

Local stroke survivor offers hope in new book

'Life after stroke.'
Achieving small goals key to reclaiming quality of life

 LUCY SCHOLEY
lucy.scholey@metronews.ca

Doctors told Carole Laurin she would need a cane for the rest of her life.

Having just survived a stroke at 42 years old, Laurin felt she was too young to be confined to using a walking stick.

"You've got to realize there is a life after stroke," said the Ottawa resident, who is now 52 years old. "It's in your attitude."

That's the message Laurin aims to convey in her new book, *When Stroke Meets Trust: A Journey of Inspiration*.

It was a book she began writing with the help of dictation software while she underwent four years of therapy to get out of a wheelchair and away from her cane.

"You get to walk by doing many small goals," she said. "It's taking things one step at a time, no pun intended."

She suffered a stroke Sept. 29, 2004, when she was living in Winnipeg with her husband and two children, aged six and 15.

She thought the pain in her temple was the start of a migraine, but it intensified. She slid down a wall to keep from falling.

"I was trying to talk and it was coming out as screams," she said.

The stroke was in the right side of her brain, which she said left her left side "half-paralyzed."

Luckily, she did not have



Ottawa stroke survivor Carole Laurin is pictured here with her daughter Chloe during a fundraiser for the Manitoba Heart and Stroke Foundation. CONTRIBUTED

Book launch

- Carole Laurin's launch of her new book will be Jan. 8 at 7 p.m. at 600 Peter Morand Cres. To RSVP, contact info@canadianstroke.ca.

any "brain bleed" and with the help of medication, the clots drained.

She suffered a few mini-

strokes thereafter.

Laurin was a French immersion teacher and was studying for her pre-masters degree in special education.

Doctors were unable to determine the cause of her strokes, but Laurin suspects they were stress-related.

She says she is now unemployable and still struggles with memory loss, but she can volunteer and is active in stroke advocacy.

The Heart and Stroke Foun-

When Stroke Meets Trust: A Journey of Inspiration



Carole Laurin's new book, *When Stroke Meets Trust: A Journey of Inspiration*. CONTRIBUTED

dation says stroke is the leading cause of death in Canada.



A nurse draws a syringe of seasonal flu vaccine. THE ASSOCIATED PRESS

City's first flu-related death reported

Ottawa Public Health says there has been one confirmed flu-related death in the capital and is reminding residents that it's still not too late to get vaccinated.

The case involves an elderly resident over the age of 90. OPH was not able to say which strain was linked to the fatality.

So far this flu season, there have been 81 lab-confirmed cases of the virus, compared to 163 during the same time last year.

Out of the 544 confirmed

cases of the flu in the 2012-2013 season, there were 13 deaths reported.

OPH is stressing the importance of getting kids the shot because they can develop serious health problems if they catch the virus.

"You're still within your window and you want to protect yourself for the rest of the flu season," said Donna Casey, an OPH spokesperson. "We just want to make sure that any parent who hasn't had their children immunized yet — young

children especially — to have the opportunity to do that."

The public health agency is offering increased immunization clinics by appointment at 100 Constellation Crescent on Jan. 3, 6, 8, 14, and 16 for children under five and their families.

The vaccine is still available at pharmacies, walk-in clinics, and doctors' offices. Go to ottawa.ca/en/residents/public-health/flu-clinics for more information.

JOE LOFARO/METRO

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After train fires, U.S. officials issue alert about Bakken oil

Flammability. Crude shipped from Bakken oil patch is potentially more volatile than the traditional variety

Following a string of explosive accidents, federal officials said Thursday that crude oil being shipped by rail from the Northern Plains across the U.S. and Canada may be

more flammable than traditional forms of oil.

A safety alert issued by the U.S. Department of Transportation warns the public, emergency responders and shippers about the potential high volatility of the crude being shipped from the Bakken oil shale patch in Montana and North Dakota.

The warning comes after the massive explosion caused by an oil train derailment on Monday near Casselton, N.D.

No one was hurt, but worries about toxic fumes prompted the evacuation of hundreds of residents.

The oil boom in the Bakken has reduced the nation's reliance on imported oil and brought thousands of jobs to the region. But as companies have increasingly relied on trains to get that oil to lucrative coastal markets, public safety in communities bisected by rail lines has become a major concern.

In July, 47 people were killed in Lac-Mégantic, Que., when a train carrying Bakken crude derailed. Another oil train derailed and exploded in Alabama in November, killing no one but releasing an estimated 749,000 gallons of oil from 26 tanker cars.

The amount of oil moved by rail has spiked since 2009, from just more than 10,000 tanker cars to a projected 400,000 cars in 2013.

THE ASSOCIATED PRESS

Safety alert

Thursday's safety alert was partly due to results of preliminary tests on Bakken oil to determine just how dangerous it is, said Jeannie Shiffer with the U.S. Department of Transportation's Pipeline and Hazardous Materials Safety Administration.

Shiffer said it is important

to know the volatility of the oil so that it can be properly handled during shipping.

The issue of volatility is of particular importance for emergency responders who have to deal with accidents like the one in Casselton, said Fred Millar, a rail safety consultant in Virginia.

THE ASSOCIATED PRESS

H1N1. Young parents embracing flu shot: Poll

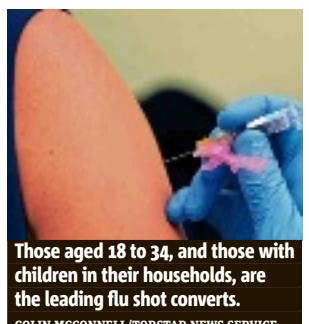
Increasing numbers of adults in their child-rearing years are becoming convinced that getting a flu shot for themselves and their children is a good idea, a new poll suggests.

The Harris-Decima poll, done for The Canadian Press, found that those aged 18 to 34 and those with children in their households were the two demographics that had the highest rates of flu-shot converts than any other.

"What appears to be occurring is that over the years younger Canadians and parents are particularly becoming more convinced that they will do it (get a flu shot) in the coming year if they haven't done it very often in the past five," said Doug Anderson, senior vice-president for public affairs for the polling firm.

With this year's flu season shaping up to be an H1N1 year, that's a good thing.

Newly released data from researchers at the British Colum-



Those aged 18 to 34, and those with children in their households, are the leading flu shot converts.

COLIN MCCONNELL/TORSTAR NEWS SERVICE

bia Centre for Disease Control suggests children under five are the most vulnerable segment of the population when it comes to this family of flu viruses.

Less than 20 per cent of children under age five have antibodies to H1N1 viruses. That's not really a surprise; they would have been born after the 2009 pandemic that brought the H1N1 virus into the mix of flu viruses that circulate during the Northern Hemisphere winter.

THE CANADIAN PRESS

Stafford slaying. Rafferty turned down for legal aid for appeal of conviction

Ontario's Ministry of the Attorney General will be picking up the tab for an appeal attempt by the man convicted of killing eight-year-old Victoria Stafford.

Michael Rafferty's lawyer says he has again been turned down for funding from Legal Aid Ontario after a judge ordered last month that it reconsider Rafferty's case.

Appeal Court Justice Marc

Rosenberg had ruled the case is too complex for someone with a Grade 9 education in segregation and with no access to a law library to handle on his own.

Rafferty had been turned down four times by Legal Aid since his convictions in May 2012 for first-degree murder, sexual assault causing bodily harm and kidnapping in Tori's death. THE CANADIAN PRESS



Ford more years for Toronto's troubled, yet defiant mayor?

Toronto Mayor Rob Ford officially shows his passport to a city clerk Thursday, as he registered as a candidate for the city's 2014 municipal election in October. Toronto's troubled, yet defiant mayor isn't allowing months of scandal to stop him from entering what's likely to be the most watched municipal race in the city's history. Rob Ford was first in line at city hall to sign up for the Oct. 27 mayoral election when the nomination period opened Thursday. He expressed confidence that he'll win "Ford More Years" in the top job, despite admitting to using crack cocaine in a "drunken stupor" and making a crude sexual comment on live TV, among other cringe-worthy incidents that have garnered international attention and made him the butt of jokes on late-night shows. VICTOR BIRO/THE CANADIAN PRESS

J.K. Rowling

Lawyer fined for spilling author's secret identity

A lawyer who let slip J.K. Rowling's secret thriller-writer identity has been fined 1,000 pounds (\$1,645 US) for breaching client confidentiality rules.

Chris Gossage of London law firm Russells Solicitors —

which represents Rowling — told a friend of his wife that the Harry Potter creator was author of *The Cuckoo's Calling*, published last year under the name Robert Galbraith. The friend tweeted the information, and it was followed up by the Sunday Times.

The law firm apologized and paid damages to Rowling for the leak.

Sales of the book rocketed after Rowling was outed as its author. THE ASSOCIATED PRESS

Synthetic marijuana

Breaking Bad contest winner charged for drug op

Authorities say a Florida man who won a contest to watch the series finale of *Breaking Bad* with the cast has been charged with running a drug distribution operation.

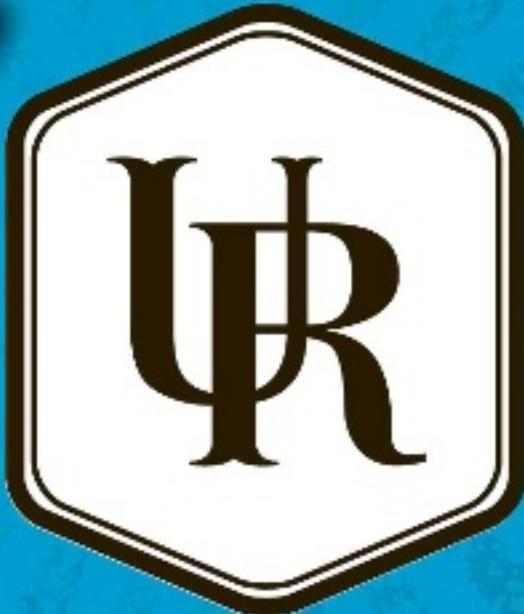
The Lee County Sheriff's Office says Ryan Lee Carroll

sold synthetic marijuana and shipped it across the U.S. from his home with two other men. He was arrested on New Year's Eve.

Authorities seized more than \$1 million US in synthetic marijuana during a bust.

According to deputies, the suspects used a cement mixer to create the drugs. The drugs were shipped through the U.S. Postal Service.

THE ASSOCIATED PRESS



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Chopper swoops in to rescue ice-trapped ship passengers

Safe and sound. Three icebreakers failed at reaching ship trapped in the Antarctic since Christmas Eve

All 52 passengers trapped for more than a week on an ice-bound Russian research ship in the Antarctic were rescued Thursday when a Chinese helicopter swooped in and plucked them from the ice a dozen at a time.

The dramatic international rescue operation became possible once the weather finally cleared. Blinding snow, strong winds, fog and thick sea ice forced rescuers to turn back time and again.

The twin-rotor helicopter — its red and yellow colours contrasting starkly against the ice and snow — carried the scientists and tourists from the Russian ship MV Akademik Shokalskiy to an Australian icebreaker, according

to the Australian Maritime Safety Authority's Rescue Coordination Centre, which oversaw the rescue.

At one point, the passengers linked arms and stomped out a landing site in the snow next to the Russian ship for the helicopter, which is based on a Chinese icebreaker.

The eagerly anticipated rescue came after days of failed attempts to reach the vessel, which was trapped since Christmas Eve.

The passengers were instead flown to an ice floe next to the Aurora and then taken by a small boat to the Australian ship, said expedition leader Chris Turney.

The icebreaker Aurora Australis will take the passengers to the Australian island state of Tasmania, a journey expected to last two weeks.

"I think everyone is relieved and excited to be going on to the Australian icebreaker and then home," said Turney. **THE ASSOCIATED PRESS**



Passengers from a ship trapped in the Antarctic since Christmas Eve prepare to board a Chinese helicopter Thursday. **ZHANG JIANSONG/THE ASSOCIATED PRESS/XINHUA**

Rwanda's ex-spymaster found dead in Johannesburg



Rwanda's former spy chief, Patrick Karegeya, seen in an undated photo in Kigali, was found dead in a Johannesburg hotel Thursday. **THE ASSOCIATED PRESS FILE**

The body of Rwanda's former spy chief was found, possibly strangled, in a hotel in South Africa, police said Thursday. Rwandan dissidents accused President Paul Kagame of ordering his assassination.

The suspicious death of Patrick Karegeya, a former Kagame ally who turned against him, follows a pattern of assassinations ordered by the Rwandan president, said Theogene Rudasingwa of the opposition coalition Rwanda National Congress. Kagame's

government vehemently denies it has targeted dissidents.

Karegeya's body was discovered in a room at Johannesburg's plush Michelangelo Towers hotel on New Year's Day, and many questions remain unanswered in a country with a high crime rate.

"He was found in the hotel room dead on the bed," said a statement from South African police spokeswoman Lt. Col. Katlego Mogale. "A towel with blood and a rope were found in the hotel room safe. There is a possibility that he

might have been strangled." She said a murder investigation has been opened in the death of the 53-year-old who reportedly fled to South Africa in 2007.

Gunmen twice tried to kill Kagame's former chief of army staff, Lt. Gen. Kayumba Nyamwasa, while he was living in exile in Johannesburg in 2010. Nyamwasa told The Associated Press in 2012 that Kagame has hunted him and other dissidents around the world, "using hired killer squads."

THE ASSOCIATED PRESS

Previously

Rwanda's president has also been accused in:

- The 1996 killing of former minister Seth Sendashonga in Nairobi, Kenya.
- The 1998 killing of legislator and former government intelligence chief Theoneste Lizinde, also in Nairobi.

U.S. immigration

Undocumented immigrant gets law licence

The California Supreme Court granted a law licence on Thursday to a man living in the U.S. illegally who graduated law school and passed the state bar exam. The decision allows Sergio

Garcia to practise law despite his immigration status.

Garcia had challenged a 1996 federal law barring people living in the U.S. illegally from receiving professional licences.

He arrived in the U.S. illegally 20 years ago to pick almonds with his father and worked at a grocery store and in the fields while attending school. **THE ASSOCIATED PRESS**

NSA leaks

Newspapers call for clemency for Snowden

The New York Times and Guardian newspapers have called for clemency for Edward Snowden, saying that the espionage worker-turned-privacy advocate should be praised rather than punished.

The papers — both of which have played a role in publishing Snowden's intelligence trove — suggested late Wednesday that the former National Security Agency contractor's revelations about the United States' world-spanning espionage program were of such public importance that they outweighed any possible wrongdoing. **THE ASSOCIATED PRESS**

Egypt's turmoil

Cairo links 'confession' to suicide bombing

Egyptian authorities produced on Thursday what they said was a confession by the son of a senior member of the Muslim Brotherhood, trying to bolster accusations that the Islamist group has

links to al-Qaida-inspired militants.

In a news conference, the interior minister aired the recording, said to be of Yahia Mongi, son of a Brotherhood lawmaker, in which he says he joined a militant group that took responsibility for a suicide bombing of a provincial security headquarters last month, as well as other attacks. **THE ASSOCIATED PRESS**

Syria, Russia, China to add security for chemical weapons removal plan

A spokesman for the joint Danish-Norwegian operation tasked with ferrying Syria's chemical weapons out of the strife-torn country says warships from Russia and China will provide additional security on the transport leg of the operation.

Maj. Eystein Kvarving says the Russian missile cruiser Peter the Great and a Chinese frigate won't be under Danish-Norwegian command, but will

be co-ordinating closely with it. Cyprus' defence ministry on Wednesday identified the Chinese warship as the Yan Cheng.

Kvarving said two cargo ships and their warship escorts will set sail Thursday from the Cypriot port of Limassol to waters near Syria where they will wait for orders on when they can head to the Syrian port of Latakia to pick up more than 1,000 tons of chemical agents.

THE ASSOCIATED PRESS



In Portsmouth, Va., media photograph one of two systems capable of neutralizing Syria's chemical weapons aboard the MV Cape Ray. STEVE HELBER/THE ASSOCIATED PRESS

Former Israeli PM in critical condition

'Turn for the worse.'
Doctors say Ariel Sharon, who has been in a coma for eight years, is clinging to life

Former Israeli Prime Minister Ariel Sharon, who has been in a coma for eight years, was in critical condition on Thursday, clinging to life after a decline in the functioning of various bodily organs, his doctors said.

Dr. Zeev Rotstein, director of Tel Hashomer hospital, said Sharon's condition had deteriorated over the past two days and that a number of vital organs, including his kidneys, were suffering from "critical malfunction."

"He is in critical condition and his life is definitely in danger," Rotstein told reporters at the hospital, just outside Tel

Aviv. "The feeling of the doctors treating him and also that of the family with him is that there is a turn for the worse."

Sharon's family are at his bedside, Rotstein said.

The 85-year-old Sharon, one of Israel's most iconic and controversial figures, has been in a coma since suffering a devastating stroke in January 2006. At the time, he was prime minister and at the height of his political power.

Sharon's career has stretched across Israel's 65-year history.

As one of Israel's most famous generals, Sharon was known for bold tactics and an occasional refusal to obey orders. As a politician he became known as "the bulldozer" — a man contemptuous of his critics while also capable of getting things done.

He was elected prime minister in 2001.

THE ASSOCIATED PRESS



Former Israeli PM Ariel Sharon, seen here in 2004, has taken a turn for the worse, the hospital treating him said. ODED BALILLY/THE ASSOCIATED PRESS FILE

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Transporter? Almost. MIT researchers render 3D images in remote locations

Researchers at the Massachusetts Institute of Technology have found a way to allow people in one place to interact with three-dimensional versions of people or objects in a different location.

MIT's Tangible Media Group calls the technology inFORM. A person in one location moves or puts an object in front of a depth-sensing camera. That camera sends signals to a

motorized pin screen somewhere else and that's where the 3D image pops up. If someone on camera is moving his hands, for example, that movement would show up on the pin screen in another location.

They hope the technology can eventually be used by urban planners and architects. It could also be used by doctors and others who need to look at CT scans. **THE ASSOCIATED PRESS**



MIT grad student Sean Follmer demonstrates inFORM technology. Follmer moves his hands in front of a depth-sensing camera which sends signals to a pin screen in another location that manipulates the red ball. **ELISE AMENDOLA/THE ASSOCIATED PRESS**

Disappearing privacy

Snapchat to issue more secure app

Snapchat says it plans to put out a more secure version of its app following a breach that allowed hackers to collect the usernames and phone numbers of some 4.6 million users. The disappearing-message service popular with young people said in a blog post Thursday that the updated app would allow users to opt out of its "Find Friends" feature. **THE ASSOCIATED PRESS**

Market Minute

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93.69¢ (-0.33¢)

TSX
13,594.19 (-27.36)

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HERE'S LOOKING AT YOU, FUTURE

Looking backward with pride and forward with hope? Probably not, but I have peered deep into my crystal ball, emerging with a clear vision of the coming year.

The good news is, 2014 will likely not be as crazy as its predecessor, but then again, if I am your go-to psychic, then you're screwed already. Here is what you can expect:

1 **is the new** **black**. 45 will be the new 30, cannabis will be the new tobacco, prescription A.D.D. meds will be the new crack, and all will serve as criteria for Toronto's new mayoral candidates.

2 **Why so secretive?** Edward Snowden will gain enough public support to be exonerated for his alleged crimes, but will continue to find his friends a little stand-offish.

3 **Bad girls playing good.** Lindsay Lohan makes a comeback, generating Oscar buzz for her portrayal of a young Mother Teresa.



THE METRO LIST

Mike Benhaim

metronews.ca

4 **Baby mama once more.** Kim Kardashian will get pregnant again and give daddy Kanye West a son who shall be named Wild-Wild.

5 **Totally believable scenario.** Justin Bieber will pay German officials to retrieve his monkey, which will be trained to walk his new bulldog, pick up its poop and fling it at unattractive or overweight fans.

6 **Bad girls going God.** Miley Cyrus will make a spiritual pilgrimage to the Middle East, where she will consume the unknown fruit of a mysterious tree that will cause her to feel modesty and cover her nakedness with a fig leaf and a fragment of parchment. And army boots.

7 **X-actly what we need.** The X Factor USA judge Paulina Rubio will leave the show to judge The X Factor Mexico. She'll be replaced by Nicki Minaj for a win-win situation where Mexico gets a mentor whose insight can finally be understood, and the American version maintains the delicate balance of verbosely incoherent babbling.

8 **Bynum, by then.** Andrew Bynum, one of the NBA's most overpaid per-game players ever, will join the Miami Heat for the league minimum. Bynum's propensity for off-court shenanigans that lead to injury and his subsequent indifference will lead to his attempted strangling by team captain LeBron James during a nationally televised game. Bynum will sue for millions but will still manage to be bankrupt by 2015.

9 **Hollywood K.O.** 2013 brought the Knockout Game into public consciousness. It involves one person sucker-punching an unsuspecting victim while another films it for public consumption on YouTube. In 2014, the brutal pastime will spawn a new reality series where each week, a different Hollywood celebrity will be filmed sucker-punching Perez Hilton.

10 **Sounds about right.** Neither the Maple Leafs nor the Canadiens will earn a playoff berth in 2014. This may not be a revelation, but is more likely to come true than any of the above.

So, dear friends, remember to love like you've never been hurt and dance like no one's watching, but if you actually catch someone watching, put your clothes back on immediately. Happy new year!

ZOOM

Martians-to-be shortlist announced



COURTESY BRYAN VERSTEEG/MARS ONE

75 Canucks make list

Since he was a young boy, eagerly devouring science fiction books, Stephen Fenech has dreamed of being an astronaut.

Now, the Toronto man is a bit closer to reaching his lofty dream after learning that he is one of 75 Canadians selected as a candidate for a one-way mission to Mars.

"I'm vacillating between excitement and terror," said the 45-year-old seasoned traveller, who's visited 160 countries.

"When I imagine myself not just in another country but on a

whole other planet, I would be so jazzed about being there."

The mission is being organized by Mars One, a Dutch-based not-for-profit. On Monday it announced that of about 202,500 applicants worldwide, 1,058 hopefuls had been selected as potential candidates. They will be whittled down to a group of up to 40 people, who will then train for about seven years.

An unmanned mission is slated for 2018, with Lockheed Martin in charge of building the Mars lander.

TORSTAR NEWS SERVICE

Retirement years

"I know I'd be the guinea pig.... And I know I'm taking a chance.... But the way I see it is that my life will be winding down at that point anyway, so I might as well do something that's so fulfilling, not just to me but to our entire race."

Stephen Fenech, who figures that by the time the mission takes place he will be close to retirement, and ready for a new chapter.

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The goal is for Mars One to send the first crew of four in 2024, with additional groups departing every two years. It's an ambitious — and costly — project. Getting the first group to Mars will cost \$6 billion, with every additional manned mission costing \$4 billion. To finance the endeavour, the private organization is relying on sponsors and public support. Just last month it launched a crowdfunding campaign. As well, there are ongoing negotiations with media companies for the rights to a reality-TV show that would track the training process.

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

Another iOS Kickstarter success story, République arrived on the App Store to much fanfare before Christmas. A hugely ambitious episodic stealth-action adventure, wrestled down to iOS size, it puts you in the role of Hope as she is held captive in a building run by an unpleasant totalitarian government. Needless to say, her captivity is short-lived.



Controls tend to be the biggest obstacle when it comes to shoving an action game onto an iOS device, but République nimbly clears that hurdle with a simple one-touch interface. Navigating Hope through each level begins and ends with a single touch wherever you want to place her. Of course, this being a stealth game, you're equipped with a tool that allows you to view your surroundings and their patrolling enemies by hacking into security

cameras — once again with one-touch control.

The beautiful animation and convincing voice acting leaves little doubt that developer Camouflaj is hoping to force a huge evolution in touchscreen gaming, and the first instalment of République is a convincing case that they're onto something. (iOS/\$4.99)



Twitter

@metropicks asked: The Bacon Man, running for mayor in Windsor, Ont., is promising free funerals for all. What's your outlandish pledge?

@glenharnish: A free fishing rod every season and a lifetime fishing licence. #wheredolvote?

@NinjaBot42: Subways! Subways! Subways! What? Aw crap.

@Rob_Irvine_Jr: I would promise that the Maple Leafs win a Stanley Cup...

@JohnKleinRegina: free-ish funerals seems like a good idea. Making dead people pay never really seems just. #notoutlandish

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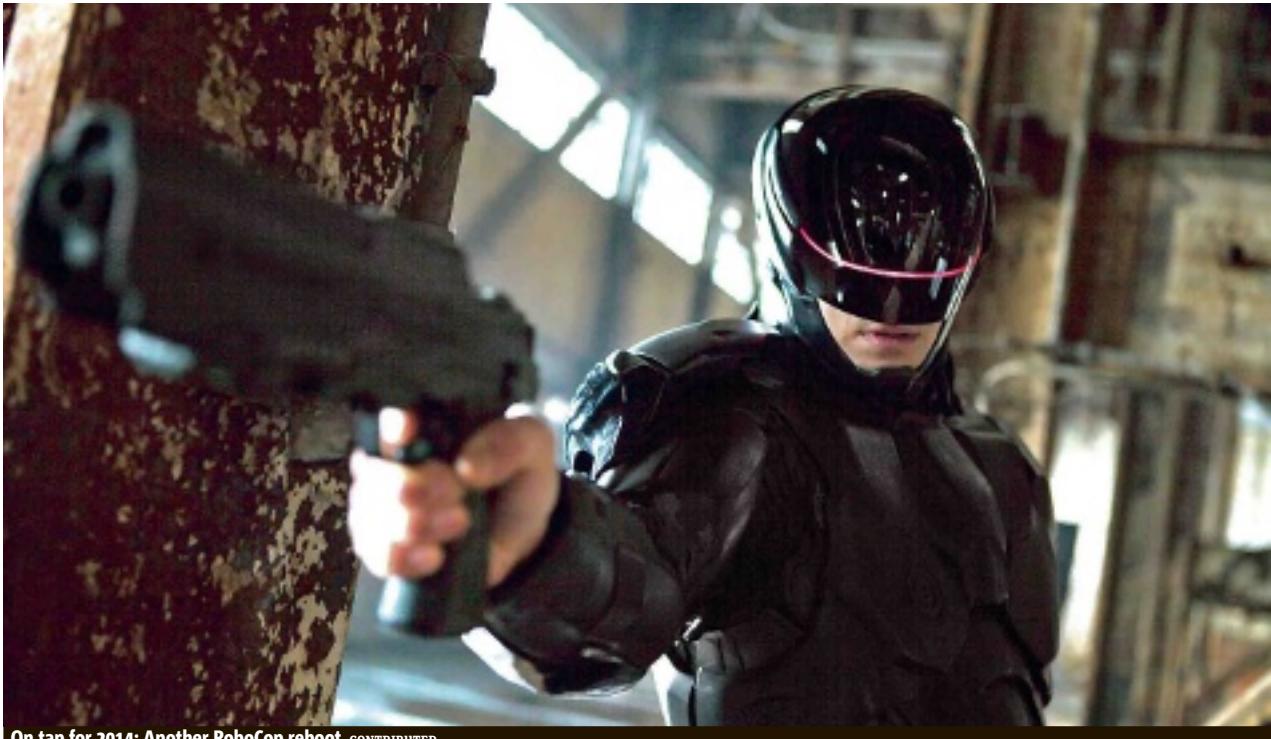
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WEEKEND, January 3-5, 2014

Synopsis

Out with the old and in with the new: 2013 contained many magnificent movie moments (and some bad ones as well, but let's not dwell on those) for the Reel Guys and it looks like 2014 will be just as bountiful. This week we gaze into our cinematic crystal balls and choose the films we're looking forward to in the new year.

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



On tap for 2014: Another RoboCop reboot. CONTRIBUTED

New year, new films

Lookahead. From The Equalizer to 50 Shades of Grey, the Reel Guys make their movie picks for 2014

Richard: Mark, years ago I loved a show called The Equalizer. It starred Edward Woodward as a private detective who helped people in need "equalize the odds." It was a cool show, and as much as movie versions of programs like The A-Team and Starsky and Hutch have disappointed, I'm looking forward to this. Denzel Washington is masterful at playing ambiguous antiheroes and reteaming him with his Train-

ing Day director Antoine Fuqua seems like a good idea to me.

Mark: Richard, I don't know the show but I do like Denzel, I do like Fuqua and I do like the concept. One movie I am looking forward to is The Monuments Men with George Clooney, Matt Damon and John Goodman as civilians pressed into battle during the Second World War to save art treasures from the Nazis. This should hit all the bases for me.

RC: Clooney is always cool, and he also directed the movie, so I'm keen to see it. I'm also very excited for The Zero Theorem. Terry Gilliam says his new film is the third part of the trilogy he began with

Brazil and continued with 12 Monkeys. If that isn't enough, it stars Christoph Waltz and Matt Damon. And did I mention it sprung from the wild mind of Terry Gilliam?

MB: Reality check: Whose last movie was the unwatchable The Imaginarium of Doctor Parnassus. When Gilliam stinks he stinks up the whole room. Just saying.... If it's sci-fi you're looking for, how about the RoboCop reboot, a franchise that's had more reboots than an Ugg store? Or Transcendence, which has a Philip K. Dick meets Body Snatchers sound to it. Appeals to the paranoid side of my split personality Richard....

RC: I liked Parnassus! It was

like a Salvador Dali painting come to life! Gilliam Rules! But there are other things I'm looking forward to, like Maleficent. The creepy but beautiful Sleeping Beauty villain is a role Angelina Jolie's cheekbones were born to play. If the movie is as cool looking as the clips I've seen, I'll go for the art direction alone.

MB: Sure, but I think we're both ignoring what must be the Greatest Movie of 2014 — the cinematic adaptation of the great novel Fifty Shades of Grey. C'mon, Richard, admit it, you'll be second in line to see it, only because I got there the night before... and I understand James Franco is playing the handcuffs.

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The big films of a big 2014



NED EHRBAR
Metro World News in Hollywood

Remakes and sequels

Transformers: Age of Extinction (June 27)

Mark Wahlberg takes over for Shia LaBeouf as the human stand-in amidst Michael Bay's gargantuan metal extravaganza, now on its fourth installment. Fingers crossed for dinobots.

X-Men: Days of Future Past (May 23)

Bryan Singer steps back into the director's chair for the franchise he started 14 years ago, bringing together a massive cast combining actors from the original films and the most recent X-Men: First Class for a time-hopping storyline cribbed from the comics. It's almost too much to take.

Captain America: The Winter Soldier (April 4)

Chris Evans' Cap gets his first solo outing since The Avengers in a story that pits him both against a mysterious terrorist with connections to his past and his own government, in the form of S.H.I.E.L.D. boss Alexander Pierce (Robert Redford).

Godzilla (May 16)

It's been more than 15 years since Roland Emmerich's go-at-the-giant monster franchise landed with a thud, so maybe it's safe to unleash the big green guy again, this time in a film starring Bryan Cranston.

Jack Ryan: Shadow Recruit (Jan. 17)

This Tom Clancy franchise reboot was supposed to hit theatres this Christmas, but

Paramount pushed it back a month. If anything, it should keep the latest Jack Ryan, Chris Pine, busy between Star Trek outings.

Big gambles

Noah (March 28)

Darren Aronofsky follows up Black Swan with a massive, super-expensive biblical epic starring Russell Crowe as the most famous ship-builder ever. A serious gamble for all involved, especially considering all of the sinking ship jokes critics could make if it falters.

Interstellar (Nov. 7)

All we know is that it's by Christopher Nolan and it involves wormholes and space travel and it stars, among others, Matthew McConaughey, Anne Hathaway, Jessica Chastain and Michael Caine. So we're basically already there.

Guardians of the Galaxy (Aug. 1)

It's nice to see Marvel and Disney feeling free enough with their massive successes to get a little weird. This also-ran but beloved comic line features a talking, gun-toting raccoon (voiced by Bradley Cooper), an ambulatory tree and all sorts of other oddities, with the Avengers nowhere in sight. But it could just make Chris Pratt officially a movie star.

Maleficent (May 30)

While technically using an existing property, Disney is taking quite a risk by making one of their biggest baddies (embodied by Angelina Jolie) the main character of her own movie. Sleeping Beauty won't know what hit her.



The Amazing Spider-Man 2 (May 2)

Sony's holding on tight to its Marvel property, pitting current Spidey Andrew Garfield against a host of threats like Electro (Jamie Foxx), the Rhino (Paul Giamatti) and the Green Goblin. Plus, they've got a series of spin-off movies to launch.



Future cult favourites

Veronica Mars (March 14)

The little Kickstarter campaign that could is officially getting a big theatrical roll-out as opposed to the limited, VOD-heavy release they'd initially planned. The follow-up to Rob Thomas' cult-classic

TV show about a high-school private eye (Kristen Bell) has a wave of goodwill behind it, with a growing audience base willing it to succeed.

Jupiter Ascending (July 25)

After not enough people turned out for their ambitious Cloud Atlas, the Wachowskis head off-world for a science-fiction adventure starring Channing Tatum and Mila Kunis.

Knight of Cups (TBA)

Without even a solid release date nailed down, all we know about Terrence Malick's latest is that it stars Oscar-winners Christian Bale and Natalie Portman and it's about "a man, temptations, celebrity and excess." Sounds interesting.

The Grand Budapest Hotel (March 7)

Wes Anderson follows up the delightful Moonrise Kingdom with what appears to be the most Wes Anderson film of all time with a jam-packed cast including Ralph Fiennes, Tilda Swinton, Bill Murray, Edward Norton and Jude Law.

The Lego Movie (Feb. 7)

Possibly the most welcome film adaptation of a children's toy in movie history — call it the anti-Transformers — this animated adventure looks to be pop-culture-skewering fun, with Chris Pratt, Morgan Freeman and Liam Neeson leading an all-star voice cast.

Based on a bestseller

Divergent (March 21)

The presumptive next big



sci-fi film franchise based on a young-adult book series kicks off with Shailene Woodley starring as a special girl challenging a dystopian society.

Gone Girl (Oct. 3)

David Fincher takes on Gillian Flynn's bestseller about a woman who disappears on her anniversary, with Ben Affleck and Rosamund Pike heading up an eclectic cast that also includes Neil Patrick Harris and Tyler Perry.

Unbroken (Dec. 25)

Christmas next year will bring Angelina Jolie's second film as a director, again with harrowing themes. This time it's the true-life tale of an Olympic runner and Japanese Second World War prisoner of war, from a book by the author of Seabiscuit.

Edge of Tomorrow (June 6)

Hiroshi Sakurazaka's futuristic novel All You Need is Kill gets the big-screen treatment with Tom Cruise starring as a soldier caught in an alien war version of Groundhog Day.


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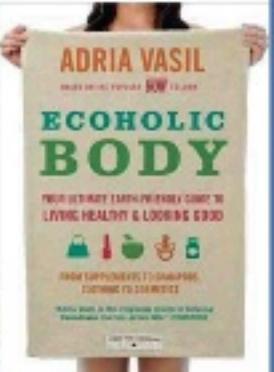
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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

The sky's the limit for LaBeouf's *mea culpa*

Shia LaBeouf may have finally managed to write an apology for plagiarism that is not, itself, plagiarized. The Beef came under fire recently when it came to light that his short film *Howard-Cantour.com* bore similarities to Daniel Clowes's comic *Justin M. Damiano*. The actor has since apologized several times, but since his apologies themselves seemed cobbled together from other works, it was hard to believe he was taking his transgression seriously.

Well, now at least he's



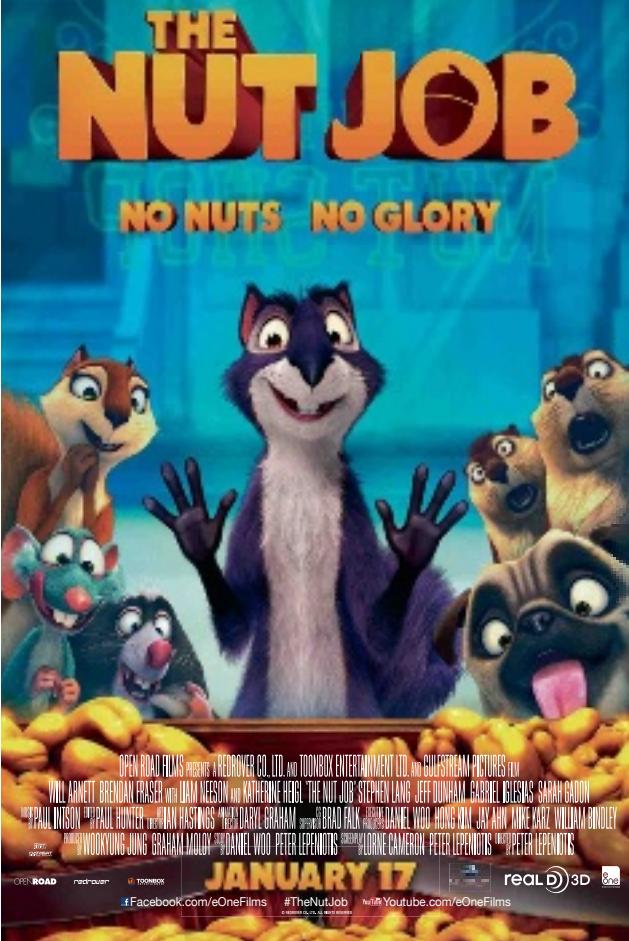
working on it. Early this Thursday morning, Shia tweeted a pic of the words "I am sorry Daniel Clowes" in skywriting.

He didn't just photoshop that skywriting either. According to Variety, LaBeouf's contrition was visible across the L.A. sky on Wednesday.

"Mr. Clowes, I can only ask that you view my apology as a stepping stone toward repairing this misunderstanding between us. I'm sorry," he tweeted on New Year's Eve. All this may or may not come as any comfort to Mr. Clowes, who lives in San Francisco, not L.A. **MELINDA TAUB/METRO**

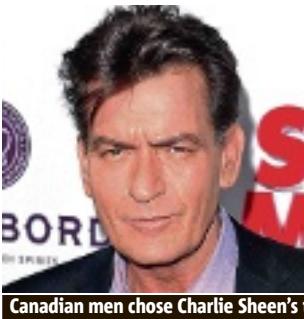
Well, now at least he's

WILL BRENDAN GABRIEL WITH LIAM AND KATHERINE ARNETT FRASER IGLESIAS NEESON HEIGL



Top celeb travel moments of 2013

A monster-infested lake in Scotland, a picturesque seaside town in Italy and a celebrated party island in Spain were featured on *travelocity.ca*'s list of the top celebrity travel moments of the past year — a list compiled from the results of a national survey. Whose beach trips, brawls and destination weddings came up tops? Read on to find out. **TEXT: METRO, TRAVEL PHOTOS: ISTOCK, CELEB PHOTOS: GETTY IMAGES**



Canadian men chose Charlie Sheen's trip to Scotland in search of the Loch Ness monster as their most memorable celebrity travel moment of the year.



Canadian men chose Leonardo DiCaprio's yacht trip to Ibiza, Spain, as the moment they would most want to recreate.



Canadian women most wished they could recreate Avril Lavigne and Chad Kroeger's trip to Portofino, Italy, where the pair exchanged vows.



Jay-Z and Beyoncé's highly publicized trip to Cuba was the number four most memorable moment of the year.



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If Facebook is any indication, many of you are reminiscing about the last 12 months. Not me. I'm all about the future and booze trends that will define 2014.

Gazing into my crystal wine goblet, I see Old World wines solidifying their comeback. I'm talking the juice squeezed out of France, Italy and Spain easing you out of your South American rut.

That's not to say the New World won't see brighter days. Australia will show signs of rejuvenation with smaller wineries from specific regions making their personalities known.

Whites will gain ground from reds, while red blends will continue to attract the palates of the population.

Wines from a box will be invited to the dinner table, and second-tier grapes like aglianico, albariño and garnacha will be on the tip of your tongue.

The most ground-breaking trend will be flavoured wines, especially those made with, wait for it, chocolate. Chocolate Shop Red (\$15.95 - \$15.99) and ChocolatRouge Sweet Red (\$13.99 - \$17.99) have already brought their confectionary flavour flow to store shelves. I guarantee that more will follow in 2014. PRICES REFLECT RANGE ACROSS COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



Meet the star of the 2014 foodie scene

Predictions. Experts have checked the old crystal ball and report that the veggie of the year will be — wait for it — cauliflower



ROSE REISMAN
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Cauliflower is the new kale, salt is the new pepper and doughnuts and burgers are going gangbusters — at least, that's what food-trend watchers are predicting for 2014.

"I would say that cauliflower is the new kale and will definitely surpass kale this year," says Christine Couvelier, executive chef and global culinary trendologist. Cauliflower can be mashed, grilled, broiled or

Ingredients

- 1 head roasted garlic
- 1 1/2 lb Yukon Gold potatoes cut into wedges, unpeeled
- 1 lb raw cauliflower, broken into pieces
- 2 cups diced onions
- 2 tsp vegetable oil
- 1 tbsp brown sugar
- 1 tbsp olive oil
- 1 tbsp sesame oil
- 1/4 cup 2% milk
- 3/4 cup frozen shelled edamame, blanched
- pinch of salt and pepper



This Roasted Potato Cauliflower and Edamame Mash serves 8. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

cut in steaks and barbecued, served on its own or in salad or tossed with herbs and oils.

Here, it's teamed with edamame to add more nutrients and flavour to regular mashed potatoes. Roasting the vegetables brings out a more intense flavour than boiling, as does the addition of sweet caramelized onions.

1. Preheat oven to 400 F. Line a baking sheet with foil sprayed

with vegetable oil. Cut the top off the garlic head and wrap with foil and place on the baking sheet along with the potato and cauliflower. Spray the vegetables with vegetable oil. Roast for 30 minutes or just until tender, turning occasionally. Squeeze out the cloves of garlic.

2. Meanwhile, add onions to a skillet along with the vegetable oil and sauté on medium heat for 10 minutes just until tender.

Add the brown sugar and sauté for another 5 minutes.

3. Mash potato wedges with skin in a large bowl. Place the cauliflower in a food processor along with the olive oil, sesame oil and milk and purée. Add to the mashed potatoes along with the onions, garlic cloves and edamame. Add the salt and pepper. **THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN/ FILES FROM THE CANADIAN PRESS**

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Canada's Anthony Mantha celebrates scoring against Switzerland in Malmö, Sweden, on Thursday. FRANK GUNN/THE CANADIAN PRESS

Canada cuts through Swiss to get to semis

World juniors. Canucks move on to face Finland

Anthony Mantha has Canada a win away from reaching the final at the world junior hockey championship.

Mantha got the game-winner on a penalty shot while defenceman Griffin Reinhart added a goal and an assist as Canada beat Switzerland 4-1 on Thursday to reach the semifinal round.

The Canadians will face Finland, which rallied for a 5-3 quarter-final win over the

Quarter-final round

4	1
Canada	Switzerland

Czech Republic on Saturday at Malmö Arena.

"They're a good team — we saw that in the exhibition game," said Reinhart, whose team dominated the final two periods of a pre-tournament game against the Finns on

Dec. 20. "Every team now is going to be a hard game."

"It'll take a lot of discipline and you've got to stick to your systems."

Forward Curtis Lazar and defenceman Derrick Pouliot also scored for Canada, which had only one Mattew Dumba goal from its back end in four previous tournament games.

The Finns promise to give Canada a similar test to the Swiss, with the accent on team play and defence. But Finland has some dangerous shooters led by ace playmaker Teuvo Teravainen.

"It's going to be an intense

game and there's nothing more to it," said Lazar, who has scored in three straight games. "We're both trying to get into the final but we have to take it a step at a time and keep playing our Canadian brand of hockey."

"We played them in pre-competition, so we'll have to go over video and see if they've changed something up but the main thing is to focus on our own game. There's not much room for error so we have to bring our A-game."

Canada improved to 20-0-0 all-time against the Swiss.

THE CANADIAN PRESS

World juniors

Russia knocks off reigning champs

Russia beat the United States 5-3 in quarter-final play at the world junior hockey championship on Thursday, rallying to take the lead on Nakita Zadorov's two power-play goals.

Zadorov scored on 5-on-3 advantages in a 1:01 span in the second period to give Russia a 4-3 lead. The 6-foot-4 defenceman plays for the London Knights in the Ontario Hockey League.

Russia will face Sweden, a 6-0 winner over Slovakia, in the semifinals Saturday.

THE ASSOCIATED PRESS

NFL

Bears sign Cutler to 7-year deal

The Chicago Bears signed Jay Cutler to a seven-year contract Thursday, ending speculation that they might make a change at quarterback after five seasons.

Cutler, 30, acknowledged that his Bears tenure has had its low points,



Jay Cutler

GETTY IMAGES

but he clearly thrived under first-year coach Marc Trestman and now has some of the best

complements on offence he's had since arriving in Chicago in 2009. Terms of the deal were not disclosed, but it is reportedly worth nearly \$18 million per year over the first three years and includes at least \$50 million guaranteed.

THE ASSOCIATED PRESS

Ryan wasn't toughest omission: Reports



Bobby Ryan GETTY IMAGES FILE

Bobby Ryan's exclusion from the U.S. Olympic hockey team has sparked plenty of debate given his scoring output since he entered the NHL.

Among American-born players, only Phil Kessel has more goals (175) than Ryan (160) since his first full season in the league in 2008-09. Those two plus Patrick Kane and Zach Parise are the only ones with 150-plus goals in that time.

But leaving Ryan off the roster wasn't even the U.S. management staff's toughest decision in putting together the

team that will go to Sochi next month. Instead, according to internal discussions published by ESPN.com and USA Today and general manager David Poile's comments, it was more about not taking Jack Johnson on defence and Brandon Saad at forward.

"There was so many tough decisions.... And we've made decisions to go in other directions. And it was hard," Poile said Wednesday. "We had many debates and deliberations, if you will, with our group over the last six

months."

Those debates and deliberations were chronicled by ESPN.com and USA Today, which got inside access to the U.S. meetings and conference calls. Those articles provided insight into how and why Cam Fowler of the Anaheim Ducks was picked over Johnson and Blake Wheeler of the Winnipeg Jets over Saad. By the time the days ticked down to the finalization of the roster, Ryan — a member of the silver-medal team in Vancouver in 2010 — wasn't in the discussion.

"Bobby is a fabulous player," Poile said. "I love him. Love him for my own team. But we have to make decisions and we picked some new guys."

THE CANADIAN PRESS

On the web



The Senators were shooting for their third straight win Thursday night when they took on the Jets. For the story, go to metronews.ca.

Horoscopes

Aries

March 21 - April 20

No matter how outrageous your ideas may seem to some, you must trust your instincts and follow up on them. Allow your inner voice to guide you and don't be surprised when it all works out perfectly.

Taurus

April 21 - May 21

The planets will present a solution to a problem you thought was here to stay. You should know that everything worth knowing is revealed over time, so be patient.

Gemini

May 22 - June 21

It seems you have been talking at cross purposes with a loved one and that is why you have not been getting along. It is time to sit down and be honest with one another. Yes, of course you can be friends again.

Cancer

June 22 - July 23

Your mind is extraordinarily active at the moment and that's good, but make sure you write down any insights you have, otherwise you may forget them by the end of the day.

Leo

July 24 - Aug. 23

Do something creative today. The current cosmic climate makes it easy for you to give form to your ideas. It also makes it easy for you to impress important people.

Virgo

Aug. 24 - Sept. 23

Something that made no sense before will make perfect sense today. Most likely the thing itself has not changed but the way you look at it has. Next time, try listening to what friends try to tell you.

Libra

Sept. 24 - Oct. 23

Even if you are one of those rare Librans who prefers to keep thoughts private, you will have plenty to say today. The only danger is you may reveal too much valuable information.

Scorpio

Oct. 24 - Nov. 22

News you have been waiting for will arrive today and put an end to a worrying phase. Whether the news is good or bad is unimportant. What matters is that at last you know where you stand.

Sagittarius

Nov. 23 - Dec. 21

Whatever you decide over the next two or three days will have a major effect on your future, so think ahead and make sure you are embarking on a course that is right for you. Don't listen to others, listen to yourself.

Capricorn

Dec. 22 - Jan. 20

Try not to live in the past or lament your mistakes, because what happens next will make up for what you appear to have lost. Resolve to always look forward and never look back.

Aquarius

Jan. 21 - Feb. 19

You appear to believe that the whole wide world is against you. Stop the foolish imaginings and look on the bright side for a change. Life is what you choose to make of it.

Pisces

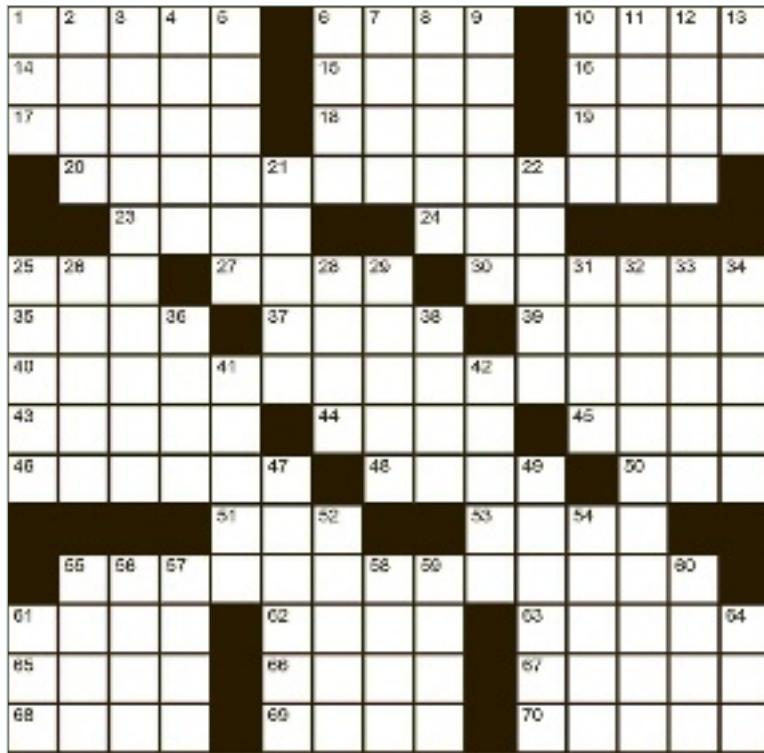
Feb. 20 - March 20

Whatever your special talent is, put it to good use. If a chance arises in your work or career, grab it with both hands and don't worry that you may not be up to the task. You'll ace it.

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Across

1. Tug-__-__
6. Stars in movies
10. Serving need
14. Patriot Games (1992) producer, Robert __
15. Target hitter in a bar game
16. Lively
17. Canadian singer/songwriter Sarah
18. Wing-shaped
19. Wreck
20. Calgary Flames great in the Hockey Hall of Fame: 2 wds.
23. Chinook salmon
24. Tokyo, formerly
25. Little bark
27. 19th Greek alphabet letters
30. Manicurist's lacquer
35. Nike slogan, "Just __-__"
37. Parking place
39. School: French
40. Current award-winning novel by Canadian author Colin McAdam: 3 wds.
43. Cantaloupe, for one
44. Mork's greeting, partially
45. __ about
46. Introduces more to the mix: 2 wds.
48. Tapes shows (abbr.)
50. Belonging to Nashville's li'l state

51. Flooring choice
53. Flew the __ (Went away)
55. Lotto Max purchaser's dream: 2 wds.
61. Earring spot
62. Stead
63. "I'll take __ check."
65. Car rental com-

pany
66. Immature newts
67. Elaine __, Marilu Henner's Taxi character
68. Outperform
69. Escritoire
70. Stranded, as a castaway
Down
1. Hosp. sites

2. Tumbled
3. The Guess Who album: __ Soul
4. Love Is __-Splendored Thing (1955)
5. Milk curdling substance
6. Eve's beloved
7. Advanced math course, for short
8. 'T' of NAFTA

9. Walked confidently
10. Ms. Banks
11. Actor Mr. Julia
12. Desert's climate
13. Yearning
21. Bread-making ingredient
22. Musical group of nine
25. Commander __ (Lorne Greene's

Battlestar Galactica role)
26. Cloaked
28. __ Smoke (1978) starring Cheech And Chong
29. To date: 2 wds.
31. Prefix to "bat" (Circus performer)
32. City which is Newfoundland's second largest after St. John's: 2 wds.
33. Musicdom's Sir John
34. Glassmaking ovens
36. New Mexico's artsy town
38. Song
41. Barbara Stanwyck movie, __ Pacific (1939)
42. Soap opera legend Susan
47. Used a hammer
49. " __ __ __!" (You're not the only one who is capable!)

52. Songbook standard: Mack the

54. Gumbo ingredients

55. Created tapestries

56. Nile wader

57. Bird's bed

58. Becomes

59. 1979 Fleetwood Mac album

60. The __ Is High by Blondie

61. Research __

64. Agreement sign

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

6	2	5	8	1	7	3	4	9
4	3	1	5	2	8	6	7	8
9	7	6	4	3	6	2	1	5
3	1	6	7	9	8	4	5	2
7	4	2	3	5	1	8	6	0
8	5	9	2	6	4	7	3	1
5	9	3	6	4	2	1	8	7
1	5	7	9	8	3	6	2	4
2	8	4	1	7	6	9	6	3

			2		7	4
2	1				4	6
					8	3
4	6				5	
					9	
9		2	7		6	8
					1	5
8	2		5			

Today
-22°/-25°
Sunny

Saturday
-7°/-8°
Flurries
40%

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will be 14 days from now.
Check the 14 day trend.

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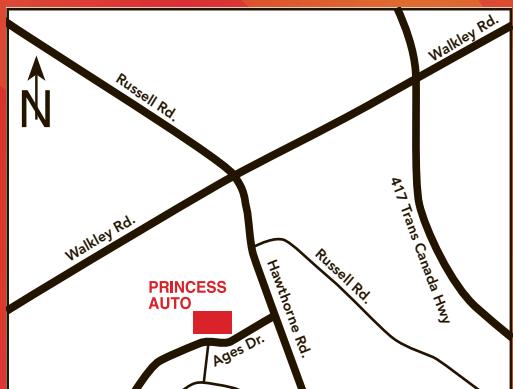
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12⁹⁹

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